

# CHHAYAnke

SWASTHYA SUSHIKSHIT SURAKSHIT CHHAYA

## CHHAYA KE LIYE CHHAYADAR VRIKSHA: Project Pranvayu

On 5th June 2021 (World Environment Day) CHHAYAnke launched its annual plantation drive targeting 10K saplings over a period of 3 months starting June. The first month focussed primarily on spreading awareness about plantation along with preparation of 'seed balls' and survey of plantation land. The months of July & August will cover plantation with seed balls & saplings in a safe place (given the pandemic, the activities will be restricted to family members only). Each family to plant a minimum of 5 big plants that are rich Oxygen producing plants/ medicinal plants/fruits/flowering plants/plants for worship & dense prolonged plants.

Click the pictures of your saplings and send it along with your name, city, state and the plantation date to [CHHAYAnke@yahoo.com](mailto:CHHAYAnke@yahoo.com) or [www.chhayanke.org](http://www.chhayanke.org).

**Get a participation eCertificate in August for your contribution!**



CHHAYAnke (tapati dhoop, thodi si CHHAYA)  
Mission:- Swasthya, Sushikshit, Surakshit CHHAYA

Vision: All round development & empowerment program of a girl child.

CHHAYAnke is working for women, kids' safety, security & cybersecurity. We do empowerment through education, health care & law support. Focusing on PCSO Act 2012 & POSH Act 2013. We are organizing Free Workshops, awareness sessions, audio, video & podcast sessions on various issues related to kids & women, safety, security & their human right with professionals.

CHHAYAnke is working for environmental safety by plantations & becoming helping hands to the survivors of natural disasters.

**Hyderabad**  
**Reg No 47/IV/2019**

**CHHAYA Ke Liye CHHAYAdar Vriksha**  
**PranVayu "Oxygen For Life"**

**JUNE-JULY-AUGUST PLANTATION 2021**

**Plantation In July & August**

PC By Roaming earth05

**Make Seed Balls In June**

**Let's Make Seed Balls:-**  
(By JNK University Dr. S.S. Baghel)

1. Soil, Cow Dung/Manure
2. Mix & Make Dough
3. Make Round Balls
4. Make Hole On Each Ball
5. Keep Seeds On Balls
6. Make Those Balls Dried Up
7. Seed Balls will be ready, After Few Days Of Drying

**To get certificate, You need to do**

**Plant Minimum 5 saplings of below plants**

1. Oxygen Rich Plants
2. Medicinal Plants
3. Fruit Plants
4. Worship Plats
5. Big & Dense prolonged plants

**Carry These Seed Balls With You In July & August. Plant them or throw them in open areas or land where you see less plants. As these seeds will get rain/water they will grow by its**

SEND YOUR PLANTATION PIC WITH NAME, CITY, STATE WITH DATE CHHAYANKE@YAHOO.COM

CHHAYAnke Plant A Tree for PranVayu Oxygen

**CHHAYA Ke Liye CHHAYAdar Vriksha**

# Ann Daan- Mahadaan: CHHAYAnke continues its efforts towards serving the humanity, even amidst the pandemic

Aapki Rasoi, an NGO that provides food to underprivileged/ unsheltered kids was temporarily shut down due to lack of funds. But with PM's announcement, several other NGO's came forward to collectively support a noble cause. CHHAYAnke is doing its part in by volunteering to contribute INR 5000 per month to support the affected children.

Join hands with CHHAYAnke as we work towards humanity.

The main aim of CHHAYAnke is all-round development, enrichment & care of underprivileged children, women and all genders (educational, medical, social, psychological, mental & physical well being of the individual) | Working towards equality of all genders & human rights | Focusing on kids (POCSO) & women's Safety & Security by guiding them on different important laws for women | Working towards empowering children with cyber security norms | Working To Save Mother Earth by plantation & using sustainable item | Natural Disaster Support & Recovery |

CHHAYANKE Provides "4 Honors Awards" in a year. To know about those awards, to participate & to know how to apply for these prestigious awards please write to: [CHHAYAnke@yahoo.com](mailto:CHHAYAnke@yahoo.com) | [www.CHHAYAnke.org](http://www.CHHAYAnke.org)

Refer to the last page for payment details



# CHHAYAnke SWASTHYA SUSHIKSHITH SURAKSHITH CHHAYA



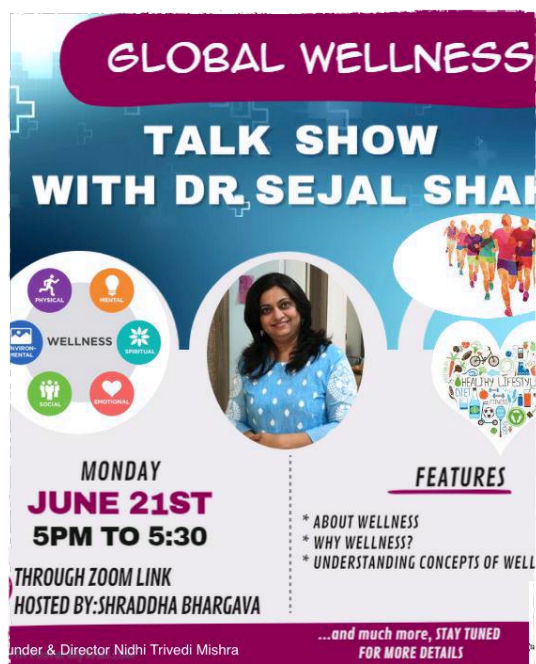
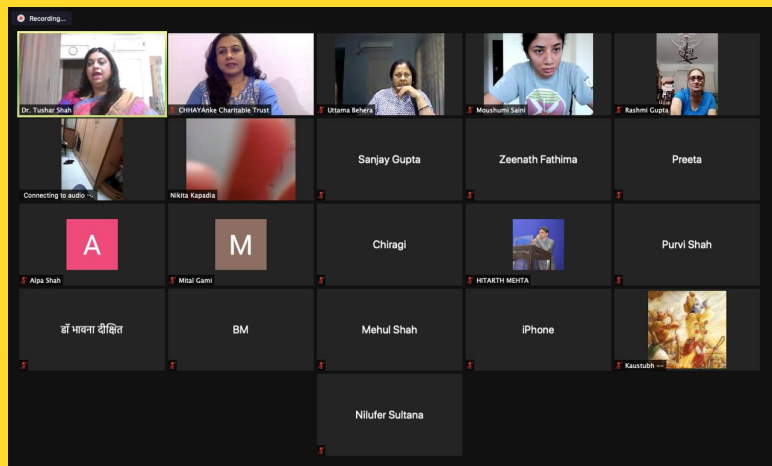
## What is the value of 5000 rupees in each of our lives?

For some it is simply the cost of one month's electricity for your home, for some it is the cost of your child's toy, for a few it is the cost of one meal in an upscale restaurant while for CHHAYAnke, it is all of the following:

- ▶ Grocery for 1 month @ Tapasvi Foundation
- ▶ Lunch for Tapasvi Foundation on 17th June (Birthday of GS Kallapur, resident of ASG, Hyderabad)
- ▶ Basic medicines for Tapasvi foundation boys
- ▶ Grocery for 1 month at "JAGRATI CHHAYA" orphans at central Western railway JBP MP Aapaki Rasoyee.
- ▶ Fathers day weekend lunch at "Jagrati CHHAYA"

***CHHAYAnke thanks GS Kallapurji for his support and kindness and trusting the Founder, Nidhi Trivedi Mishra to contribute towards a larger part of the society.***

# CHHAYAnke celebrates Global Wellness Month with Dr. Sejal Shah



The pandemic has hit the mankind with ailments of all kinds including physical & psychological which is hugely impacting a person's Wellness. As part of its community engagement event, CHHAYAnke celebrated Wellness as the theme of the month in June with Dr. Sejal sharing her 'Wellness Mantra' -

*"Create healthy habits, not restrictions. Because , if you listen to your body when it whispers, you won't have to hear it scream."*

The event was a huge success with great many participants attending over zoom and also

Join hands with CHHAYAnke as we work towards humanity.

**Online transfers can be made via UPI, BHIM, IMPS:**

For Google Pay & PAYTM: 8328089875

**Account details for Bank transfer:**

CHHAYANKE CHARITABLE TRUST

HDFC BANK

A/c. No. 50200057984563

IFSC CODE: HDFC0003788





