

# CHHAYAnke

SWASTHYA SUSHIKSHIT SURAKSHIT CHHAYA

## CHHAYAnke celebrates World Breastfeeding Week in August



CHHAYAnke (tati dhoop, thodi si CHHAYA)  
Mission:- Swasthya, Sushikshit, Surakshit CHHAYA

Vision: All round development & empowerment program of a girl child

CHHAYAnke is working for women, kids' safety, security & cybersecurity. We do empowerment through education, health care & law support.

Focusing on PCSO Act 2012 & POSH Act 2013. We are organising Free Workshops, awareness sessions, audio, video & podcast sessions on various issues related to society & current topics with professionals, leaders, experts, social icons & motivators/influencers of different age groups & genders. CHHAYAnke believes it is important to impart awareness within the society for everyone's well-being!

**Dr. Pallavi Baghel Thakur**

Senior Consultant Gynaecology  
Galaxy Super speciality hospital Jabalpur

Positively Inspiring Breastfeeding For Mummy & Baby  
Sunday 1 August 2021  
1 pm to 2 pm



CHHAYAnke celebrated World Breastfeeding Day by supporting new moms, babies and expectant families from 1-7 August 2021 through their campaign "Positively Inspiring Breastfeeding For Mummy & Baby." माँ का दूध (स्तनपान) शिशु के लिए संरक्षण और संवर्धन का काम करता है। अतः शिशु को माँ का दूध अवश्य दें!

Dr. Pallavi Baghel Thakur (Gynecologist) from Jabalpur partnered with CHHAYAnke (tati dhoop, thodi si CHHAYA) to run this campaign with Critical Cause (Illuminate Aspiration) JBP MP on FM Radio too.

# CHHAYAnke gets yet another recognition from Women's Web



On the occasion of Rakhi & Kajari (24/8/2021), CHHAYAnke Founder Mrs. Nidhi Mishra along with Mrs Chhaya Trivedi (Rtd. Principal PSM College JBP) and Dr. Khatri visited 'Jagarti Women's Welfare Organization' Western Central Railway at JBP MP. CHHAYAnke has been contributing to their food from the Second Wave of Corona 2021. Dr. Khatri conducted a

basic checkup of the kids and also talked about the basic hygiene & COVID safety norms. CHHAYAnke thanks all the donors, volunteers and experts who have supported various campaigns of CHHAYAnke for the betterment of society. CHHAYAnke welcomes each and everyone to take a step forward towards social betterment.

**Join hands with CHHAYAnke as we work towards humanity.**

The main aim of CHHAYAnke is all-round development, enrichment & care of underprivileged children, women and all genders (educational, medical, social, psychological, mental & physical well being of the individual) | Working towards equality of all genders & human rights | Focusing on kids (POCSO) & women's Safety & Security by guiding them on different important laws for women | Working towards empowering children with cyber security norms | Working To Save Mother Earth by plantation & using sustainable item | Natural Disaster Support & Recovery |

CHHAYANKE Provides "4 Honors Awards" in a year. To know about those awards, to participate & to know how to apply for these prestigious awards please write to:

[CHHAYAnke@yahoo.com](mailto:CHHAYAnke@yahoo.com) | [www.CHHAYAnke.org](http://www.CHHAYAnke.org)

Kindly refer to the last page for payment details for your contributions

# Cyber Security Talkshow by CHHAYAnke with Mr. Lokesh Verma



## CYBER SECURITY

### TALK SHOW WITH CYBER SECURITY EXPERT

#### MR. LOKESH VERMA

Lokesh has almost 2 decades of experience in Cyber Security. He has served 15 years in Armed forces and currently employed in Deloitte as Senior Manager

**Let's talk to Lokesh on**  
**SUNDAY, August 15<sup>th</sup>**  
**5pm to 5:30**

**ZOOM LINK:**  
<https://us04web.zoom.us/j/2691971063?pwd=dmpINDNNT0hKVVNqZzYzQ3hWQ1M3QT09>  
**HOSTED BY:SHRADHA BHARGAVA**

[www.CHHAYAnke.org](http://www.CHHAYAnke.org)/[CHHAYAnke@yahoo.com](mailto:CHHAYAnke@yahoo.com)

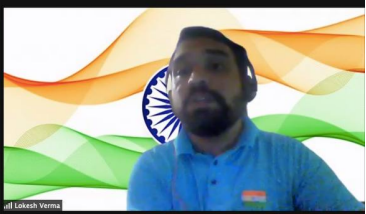
**INSIGHT ABOUT:**

- How safe is Internet for us?
- Online class safety
- Whom to report in case of any threat
- What all we need to know as parents
- Where do I restrict my child?
- How much is enough for child?
- Cyber security as career

Meeting ID: 269 197 1063  
Passcode: 471416


#### Cyber Attacks/Hacking & Intentions

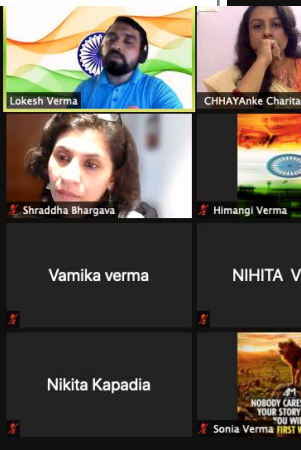
<ul style="list-style-type: none"><li>• Hacking Mobile Devices</li><li>• Computer hacking and stealing the data</li><li>• Email Hacking</li><li>• Cyber Bullying</li><li>• Financial loss</li><li>• Cyber Terrorism</li></ul>	<ul style="list-style-type: none"><li>• Financial Gain</li><li>• Revenge and Curiosity</li><li>• Fame</li><li>• Data Stealing</li><li>• Spying and Intelligence</li><li>• Child Pornography</li></ul>
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Mr. Lokesh Verma

#### Questions and Answers





Lokesh Verma  
CHHAYAnke Charita  
Shradha Bhargava  
Himangi Verma  
Vamika verma  
NIHITA V  
Nikita Kapadia  
Sonia Verma

For the safety & security of kids during online classes CHHAYAnke has organised several awareness sessions, the most recent with an expert on Cybersecurity on 15th August. The Guest Speaker Mr. Lokesh Verma has 18 years of experience which includes 15 years in the Navy and then in Corporate. He is currently working in Deloitte as senior manager of Cybersecurity. The session was very informative and was well received by the participants. CHHAYAnke thanks Mr. Verma for supporting an important social cause!

**Join hands with CHHAYAnke as we work towards humanity.**

**Online transfers can be made via UPI, BHIM, IMPS:**

For Google Pay & PAYTM: 8328089875

**Account details for Bank transfer:**

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